

Need to talk?

If you or a friend
are in crisis
text "CONNECT" to

855-11

any time, 24/7

Confidential. Safe.
Non-judgmental.

GET HELP NOW

It will make a difference.

CRISIS TEXT HOTLINE (24 hours)

Text "CONNECT" to 85511

Standard text rates based on your service provider will apply.

CRISIS HOTLINES (24 hours)

CrisisLink Hotline 703-527-4077

National Suicide Prevention Lifeline 1-800-273-TALK (8255)



These services are provided as a free community resource through funding from the Virginia Department of Behavioral Health & Developmental Services and a partnership between PRS CrisisLink, City of Alexandria Community Services Board, Arlington County Community Services Board, Fairfax - Falls Church Community Services Board, Loudoun County Community Services Board and Prince William Community Services.

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connect