

**FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD
MEETING MINUTES
SEPTEMBER 27, 2023**

The Fairfax-Falls Church Community Services Board met in regular session at the Sharon Bulova Center for Community Health, 8221 Willow Oaks Corporate Drive, Level 3, Room 3-314, West, Fairfax, VA 22031.

1. Meeting Called to Order

Board Chair Dan Sherrange called the meeting to order at 5:02 PM.

2. Roll Call, Audibility, and Preliminary Motions

PRESENT: **BOARD MEMBERS:** BOARD CHAIR, DAN SHERRANGE; ROBERT BARTOLOTTA; SHEILA COPLAN JONAS; ANDREW SCALISE (FAIRFAX, VA); BETTINA LAWTON; CLAUDIA VOLK; JIM GILLESPIE; EVAN JONES; DARIA AKERS; KAREN ABRAHAM (FAIRFAX, VA)

ABSENT: **BOARD MEMBERS:** GARRETT MCGUIRE; ANNE WHIPPLE; CAPTAIN DANIEL WILSON; SRILEKHA PALLE

Also present: Executive Director Daryl Washington, Deputy Director of Administrative Operations Jean Post, Deputy Director of Community Living Barbara Wadley- Young, Healthcare Systems Director Jennifer Aloi, Director of Individual and Family Affairs Michael T. Lane, and Board Clerk Sameera Awan.

3. Matters of the Public

None were presented.

4. Amendments to the Meeting Agenda

The meeting agenda was provided for review, no amendments were made.

BOARD MEMBER CONSENSUS TO APPROVE AGENDA ITEM NO. 4

5. Approval of the Minutes

The July 26, 2023, CSB Board Meeting Minutes were provided for review, no amendments were made.

MOTION TO ADOPT JULY 26, 2023, MEETING MINUTES WAS MOVED BY BOARD MEMBER JIM GILLESPIE, SECONDED BY BOARD MEMBER EVAN JONES.

MOTION TO ADOPT WAS APPROVED BY ANDREW SCALISE, SHEILA COPLAN JONAS, BETTINA LAWTON, CLAUDIA VOLK, AND ROBERT BARTOLOTTA. BOARD MEMBERS DAN SHERRANGE KAREN ABRAHAM, AND DARIA AKERS ABSTAINED.

6. Staff Presentation

Director of Individual and Family Affairs Michael T. Lane delivered a staff presentation on Peer and Recovery Services. Over the past year, the recovery services division underwent a name change, previously known as The Office of Individual and Family Affairs (OIFA). This rebranding was primarily undertaken to align with the focus on recovery services, better representing their work. Despite the name change, they continue to emphasize amplifying the voices of individuals with lived experiences in mental health and substance use challenges, as it remains an integral part of their mission. Recovery and wellness programs are crucial in supporting individuals in their recovery from mental health challenges and substance abuse. These programs provide hope, healing, and the tools to help individuals reach their goals. There are Certified Peer Specialists (CPSs) to facilitate recovery. CPSs are individuals with lived experience in mental health challenges, substance use disorders, or both who have successfully achieved stable recovery. They are trained to assist others on their recovery journey. They provide individual support, helping set career, recovery, health, or financial goals, facilitate effective communication with service providers, connect individuals to community resources, and share their experiences, strengths, and hope. There are also recovery centers, which serve as spaces for individuals in recovery from mental health challenges and substance abuse to find hope, healing, and tools to reach their goals. Peer Recovery Specialists (PRSs) and volunteers at these centers foster an environment where peers support one another in achieving independence in housing, education, and employment. They create a sense of community, share skills and talents, discover available resources, and provide a network for building self-confidence. These centers offer social activities and an informal setting for individuals who have walked similar paths to connect, find inspiration, and continue their recovery journey together.

7. Director's Report

A. **County, Regional, State and Cross Agency Initiatives**

Executive Director Daryl Washington delivered a briefing on the Governor's recently approved expanded budget, with all the slated modifications scheduled to be implemented on January 1, 2024, as documented under Agenda Item #7A.1 through #7A.11. Within the report, there is an allocation of \$58M specified for the enhancement of the crisis system. These funds are anticipated to be apportioned among the five CSB regions throughout the state. There is an allocation of \$10M for mobile crisis services. These funds will be used to partner with hospitals across the state to establish what is referred to as a psychiatric emergency room. Additionally, efforts will be made to expand children's psychiatry services, building on a previously existing statewide consultation program. The aim is to strengthen this service and facilitate primary care physicians' prescribing and consultation services. This will broaden the range of individuals with the knowledge and access to consultation for enhancing and expanding the psychiatric medication prescription for youth when necessary. There is also funding to expand supervised residential care, primarily for individuals transitioning from the state hospital to the community. These individuals will typically require moderate to intensive residential treatment to support their integration into the community. It's important to note that these funds are usually allocated to the region, not individual CSBs. There is \$18M earmarked for CSB staff compensation, potentially doubling to \$36M in the upcoming budget. An additional \$4.3M is allocated for System Transformation Excellence and Performance (STEP VA). In the realm of developmental

disability services, the significant development is the introduction of new waivers. Specifically, there will be 500 new waiver slots; the allocation to the Fairfax-Falls Church CSB is estimated to be between 80 and 100, with precise figures yet to be determined. Finally, concerning Medicaid, many Medicaid services received an increased reimbursement percentage during the public health emergency. When the public health emergency concludes, this bump in reimbursement rates will be reinstated as of January 1st. Essentially, this results in no net gain or loss.

The Board of Supervisors (BOS) approved the carryover with several youth-focused initiatives to note. The first initiative is the Youth Medication Assisted Treatment (MAT) Service, which expands the CSB's limited treatment program. This move directed the CSB to apply for local opioid abatement funds, with an application already submitted. The relevant group met on Thursday, September 21st, but there has yet to be an official word regarding the outcome. The final approval will be contingent on BOS endorsement. The second initiative is the Youth Mental Health Outreach and Engagement and Intervention Program. This program empowers the CSB to provide outreach, mental health screening, engagement, assessment, therapy, and case management in various community settings across the county. This includes non-traditional settings and different geographical locations, encompassing north, central, and south county areas. The goal for youth services is expanding youth mental health support, particularly in non-traditional settings. Further details were intentionally left somewhat vague, as implementation details are still under consideration. The CSB aims to commence this program with a team of six, distributed strategically across areas identified as high need through heat mapping. The third initiative is the Youth Crisis Services and Re-entry Program, which involves establishing a youth crisis stabilization program, including a crisis receiving center. This program will offer crisis stabilization, detox treatment, and aftercare, making it the most financially substantial option. The CSB has been granted permission to investigate establishing a youth 24/7 service and program focusing on detox and residential treatment for youth with substance use issues. The intention here is to pivot from the initial request and explore a facility capable of holding at least four different licenses while retaining the same facility size.

B. Electronic Healthcare Record Update

Healthcare Systems Director Jennifer Aloï reported that the Corporate Data Warehouse (CDW) team responsible for developing the data warehouse delivered a presentation at the Data Management Committee Interoperability Summit on Friday, September 22nd. During their presentation, they provided a comprehensive overview of the progress made in constructing the Data Warehouse. The summit was attended by various organizations, including CSB, the Department of Medical Assistance Services (DMAS), the Department of Behavioral Health and Developmental Services (DBHDS), and external vendors who also made presentations. Jennifer was pleased to report that the CDW team performed exceptionally well, and the summit was efficiently organized. Following the summit, the team initiated generating reports from the Data Warehouse. The initial reports produced demonstrated robust functionality and accuracy. Consequently, they are delighted to announce that they have given the green light to proceed, and they are now officially running a series of reports from the Data Warehouse.

8. Matters of the Board

Board Chair Dan Sherrange delivered a presentation on the CSB Year-End Fiscal Summary for FY 2023 and reviewed the previous year's financial results. He explained that the allocated resources were displayed on the left side of Agenda Item #9B.2, while the right side showcased the expenditures. The Board Chair Sherrange noted a carryover of \$35M, which had been previously discussed. He also highlighted improved spending performance in the current year, attributed to increased spending in labor categories and improved cost management. These standard reports are regularly provided by the CSB. Mr. Sherrange also mentioned that the next CSB board meeting is scheduled for October 25th at the Sharon Bulova Center, where the General Assembly will attend. During this meeting, they will have the opportunity to brief legislators on key points and discuss various issues with them. He encouraged board members to engage in personal outreach to the legislators.

Board Member Daria Akers inquired about the rationale behind scheduling the meeting with legislators on October 25th, considering Election Day is just two weeks later. She suggested the possibility of meeting in November after the election results are known.

Board Chair Dan Sherrange clarified that this matter had been previously discussed to determine the best approach. He explained that the October meeting would involve inviting the current legislators who are already familiar with the CSB. In November, there will be a follow-up effort to brief any newly elected legislators on the CSB's key legislative points.

9. Committee Reports

A. **Service Delivery Oversight Committee**

There was no meeting for September 2023. **The next Service Delivery Oversight Committee meeting is Wednesday, October 11, 2023, at 5:00 PM.**

B. **Compliance Committee**

Compliance Committee Chair Dan Sherrange had no updates or information to share from the September 2023 meeting. **The next meeting of the Compliance Committee will be held on Wednesday, October 18, 2023, in conjunction with the Executive Committee meeting starting at 4:00 PM.**

C. **Fiscal Oversight Committee**

Fiscal Oversight Committee Chair Claudia Volk provided a report on recent developments. She noted that the CSB had submitted a 7% budget reduction request for Fiscal Year 2025 by the end of August 2023, which has already been submitted. Claudia also highlighted a substantial reduction in the vacancy rate, with a 35% decrease compared to the previous year. Specifically, there has been a notable improvement in Emergency Service vacancies, which reached a 13-month low. As of mid-August 27, offer letters and 3 hiring packages were in progress. Lastly, she mentioned that the budget carryover was scheduled for presentation to the BOS on August 26th and was approved as submitted. **The next Fiscal Oversight Committee meeting is Thursday, October 19, 2023, at 4:00 PM.**

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10. Adjournment

A motion to adjourn the meeting was made by Board Member Bettina Lawton and seconded by Board Member Daria Akers. The motion was approved unanimously, and the meeting was adjourned at 7:02 PM.

*Board Members also participated remotely via Zoom.

October 25, 2023

Date Approved

DocuSigned by:

Sameera Awan

CSB Board Clerk