

Fairfax-Falls Church Community Services Board

Meeting Minutes

April 28, 2021

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Bettina Lawton Chair; Karen Abraham; Jennifer Adeli; Robert Bartolotta; Captain Derek DeGeare; Andrew Scalise; Sandra Slappey; and Anne Whipple.

The following CSB members attended remotely: Daria Akers (Fairfax, Temporary Disability, COVID Pandemic); Sheila Jonas (Alexandria, Temporary Disability, COVID Pandemic); Larysa Kautz (Alexandria; Temporary Disability, COVID Pandemic); Garrett McGuire (Alexandria, Temporary Disability, COVID Pandemic); Srilekha Palle (Fairfax, Temporary Disability, COVID Pandemic); Edward Rose (Falls Church, Temporary Disability, COVID Pandemic); and Daniel Sherrange (Chantilly, Temporary Disability, COVID Pandemic).

The following CSB Board members were absent:

The following CSB staff was present: Daryl Washington, CSB Executive Director; Jennifer Aloi, Healthcare Systems Director; Georgia Bachman, Asst. Dep. Dir. Acute & Therapeutic Treatment Services; Jessica Burris, Chief Financial Officer; Lisa Flowers, Communications Director; Daniel Herr, Dep. Dir. Administrative Operations; Evan Jones, Dir. Employment & Day Services; Linda Mount, Dir. Analytics & Evaluation; Cynthia Tianti, Deputy County Attorney; Lyn Tomlinson, Dep. Dir. Clinical Operations; Barbara Wadley-Young, Asst. Dep. Dir. Community Living Treatment & Supports

1. Meeting Called to Order
Bettina Lawton, CSB Board Chair, called the meeting to order at 5:02 p.m.
2. Matters of the Public
None were presented.
3. Roll Call and Audibility
Ms. Lawton conducted a roll call with each CSB Board Member present and attending remotely as identified above, to confirm that a quorum of CSB Board members was present and that all members were audible to each other. Each remote member replied with their place of attendance and the reason for remote attendance.
4. Recognition
Bettina Lawton presented Evan Jones, Employment & Day Service Director, with a certificate of recognition in honor of his impending retirement after more than 20 years of service with the CSB. Sheila Jonas and Dara Akers also offered comment on the positive impact and contributions made by Mr. Jones and the Employment and Day program. A link to the virtual retirement party scheduled for June 4, 2021 will be forwarded to the Board members once available.

5. Amendments to the Meeting Agenda

The meeting agenda was provided for review. Acknowledging no recommendations were forthcoming, the agenda was accepted as presented.

6. Approval of the Minutes

Draft minutes of the March 24, 2021 virtual meeting of the Fairfax-Falls Church Community Services Board were presented for review. As no further revisions were suggested, Jennifer Adeli made a motion for approval, which was seconded by Daniel Sherrange and unanimously passed.

7. Staff Presentation

Colton Hand, Medical Director, provided an overview of the array of services provided throughout the medical services offered by the CSB as illustrated in the slide copies provided in the meeting materials.

Some additional information included:

- Some of the data collected for the psychiatric staff includes self-identification as 60% non-white. Data also showed that the psychiatric staff is 60% female.
- Efforts continue to improve tracked metrics including appointment attendance, adherence to treatment, and compliance with prescribed medications.
- The two Genoa pharmacy locations are staffed by Genoa employees. It was also reported that the medications are subsidized through state funding, no CSB funds were used.
- Two CSB psychiatrists are placed with PACT (Program for Assertive Community Treatment).
- Assertive Case Management was clarified to be case management services delivered to individuals in their homes, out in the public e.g., woods, streets, hotels, wherever the individual is found.
- Nursing Director Louella Meachem oversees the nurses in all programs some of which include Behavioral Health Outpatient (BHOP), PACT, Intensive Case Management (ICM), and residential programs.

8. Director's Report

Daryl Washington and Lyn Tomlinson provided the agency updates.

The services updates were provided by Lyn Tomlinson to include:

- *Realignment of Residential Programs:*
 - Individuals receiving crisis stabilization services were housed at A New Beginning (ANB) during renovations on a new crisis stabilization site. Relocation to the newly completed facility is scheduled for April 29, 2021.
 - ANB staff and individuals were housed at Crossroads during the renovation period noted above. The return of clients and staff to ANB is scheduled for May 10, 2021 with plans to increase bed capacity to 20 beds later this year.
 - Following the May 10th relocation of ANB services, Crossroads will be able to increase bed space to 16.
 - *Opioid Task Force:* established in 2014 to address this significant health concern, this is a partnership of the CSB, the Health Department, Law Enforcement, public and private partners, and the school system. It was reported that approximately
-

50% of individuals in residential treatment have an opioid disorder, noting that fentanyl is a synthetic opioid of extreme concern. The increase has resulted in changes to treatment including more intensive staff support at Crossroads, Cornerstones, and New Generations, MAT (Medication Assisted Treatment), increased IOP (Intensive Outpatient Treatment), and Detoxification services.

- *The SOME Program (Substance Abuse Outreach, Monitoring, and Engagement)*: delivers follow up services to individuals who leave the Detox program without moving into a treatment program.
- *Peer Outreach Response Team (PORT)*: is a team of peers who offer support to individuals who have overdosed or are at risk of overdose. Referrals come from staff, fire & rescue, and law enforcement. There is a partnership with the *Chris Atwood Foundation*, a partner agency that also provides peer support with a focus on individuals released from jail, noting efforts to direct discharged inmates to the Office Based Opioid Treatment (OBOT) program.

Daryl Washington provided some additional updates to include:

- *Regional Administrative Fee Policy*: Mr. Washington provided an overview of the letter sent from DBHDS (Department of Behavioral Health and Developmental Services) to the regional offices throughout the state, a copy of which was included in the materials. Efforts are underway to identify the impact to the CSB Budget. The CSB Board will be updated as more is known.
 - *COVID Updates*:
 - Behavioral health telephonic service delivery was extended to July 20, 2021. Telephonic delivery of Developmental Disability services ends April 30, 2021. As of May 1, 2021, services are required to be provided face-to-face. This includes in the individual's home and in residential group homes with adherence of safety protocols.
 - The CSB is partnering with the Health Department and some smaller neighborhood clinics to form locally accessed COVID vaccination sites for individuals receiving CSB services to address transportation concerns.
 - Board members were emailed two news articles highlighting the negative impact of clinical staff shortages at the state psychiatric hospitals across the state.
 - A brief update to STEP-VA activities was provided, the highlights of which included:
 - *Outpatient Services*: Funding of approximately \$450K.
 - *Peer Services*: Funding expected to provide one FTE at the Regional Office and 2.5/3.0 FTE at the CSB
 - *Veteran's and Family Member Services*: Funding for the CSB and the Regional Office is anticipated.
 - *Regional Call Center Platform*: The state has released an RFP (Request for Proposal) to establish a crisis call center IT (Internet Technologies) platform. Additionally, each region will be awarded funding to staff the Call Center.
 - *Crisis Services*: Funding to expand mobile crisis services that includes expansion of the current contract that Arlington County has with National Counseling Group.
 - In anticipation of regulatory requirements and definitions changes as of July 1, 2021, efforts are underway to revise impacted programs including Intensive
-

Outpatient (IOP) Partial Hospitalization (PH) and the Assertive Community Treatment (ACT, aka PACT) program. Efforts to revise ACT include dividing the current ACT team into two team, noting that a third team may also be established.

9. Legislative Update

In the absence of Elizabeth McCartney, Daryl Washington provided an overview of the legislative handout that is included in the meeting materials highlighting the legislation anticipated to impact the CSB. A further update will be provided following additional legislative activity.

10. Matters of the Board

Anne Whipple provided an update to her attendance at a special session of *The Groundwater Approach: building a practical understanding of structural racism* presentation hosted by the Racial Equity Institute (REI) that was offered to members of Fairfax County BACs (Boards, Authorities, and Commissions). Ms. Whipple reported that copies of the materials would be emailed to the full Board.

Daria Akers announced that the next Diversion First meeting is scheduled for Monday, May 24th. The agenda includes information on the Marcus Alert bill.

Bettina Lawton reported that as the County Strategic Plan has been published, it is time to establish an Ad Hoc CSB Board Strategic Plan Committee to address development of the CSB Strategic Plan. Copies of the most recent CSB Strategic Plan are included in the CSB Board Member Handbooks, and may also be accessed on the CSB website at [CSB Strategic Plan | Community Services Board \(fairfaxcounty.gov\)](https://www.fairfaxcounty.gov/csbs/strategic-plan).

Additionally, Ms. Lawton proposed establishment of an Ad Hoc committee for discussion of reports and identification of value-added metrics. CSB Board members Edward Rose, Garrett McGuire, and Sandi Slappay have indicated an interest in serving on this committee.

Any members interested in serving on either of the proposed Ad Hoc Committees were asked to notify Clerk to the Board, Erin Bloom

Ms. Lawton offered a reminder that the CSB Board meets annually to provide feedback for the Executive Director annual evaluation. To address provision of feedback, Ms. Lawton offered an opportunity for each member to reach out telephonically to offer feedback. To finalize the evaluation, the Board will meet in closed session at the CSB Board meeting on May 26, 2021 for discussion of the summarized feedback and the self-evaluation that Mr. Washington will complete and provide to the CSB Board.

1. Committee Reports

A. *Service Delivery Oversight Committee (BHOC)*

Sheila Jonas and Garrett McGuire provided highlights of the inaugural meeting of the Committee noting that the primary goal will be the establishment of the purpose and goals of the committee and to recognize common areas of concern and issues that provide opportunities for Committee and Associate Members to work together to improve the lives of the individuals served.

The next meeting is Wednesday, June 9, 5:00 p.m. wholly electronically via Zoom

B. *Compliance Committee*

Bettina Lawton provided a brief overview of the recent meeting. Reports included the Audit, CAP (Corrective Action Plan) and Education reports. The March Serious Incident report was provided. Members were encouraged to attend if interested.

The next meeting is Wednesday, May 19, at 4:00 p.m. wholly electronically via Zoom

C. *Fiscal Oversight Committee*

Jennifer Adeli., provided an overview of the April meeting reporting the three primary topics of Time to Treatment, the end of year budget, and vacancies were reviewed and discussed.

The next meeting is Thursday, May 20 at 4:00 p.m. at the Merrifield Center, Room 3-314, West.

11. Action Item

A. *CSB Board Officer Nominating Committee*

Sheila Jonas offered a motion to approve appointing the following volunteer members to the FY 2022 CSB Officer Nominating Committee; Daria Akers, Bettina Lawton, and Sheila Jonas., which was seconded and approved.

Bettina Lawton inquired whether there any matters that required discussion in closed session. As none were raised and there being no further business to come before the Board, the meeting was adjourned at 7:04 p.m.

Actions Taken - -

- Audibility of in-person and remote members was confirmed.
- The draft March 24, 2021 CSB Board Meeting minutes were approved as presented.
- The FY 2022 CSB Board Officer Nominating Committee was established

May 26, 2021

Date Approved



Staff to the CSB Board