



FAIRFAX - FALLS CHURCH

Community Services Board

Behavioral Health Oversight Committee

Merrifield Center
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031
Room 3-314, West

Wednesday, March 11, 2020

5:00 p.m.

AGENDA

1. Meeting Called to Order 5:00 p.m.
 - Diane Tuininga
2. Opening Remarks, Introductions, and Announcements
3. Approval of the February 2020 Draft Committee Meeting minutes
4. Matters of the Public
5. Staff Presentation – Court Specialty Dockets
 - Marissa Fariña-Morse
6. Associate Member Reports, Updates, and Concerns
7. Challenge Question – Housing Follow-up
 - Associate Members
8. Continued Discussion of Proposed Merging of Developmental Disabilities and Behavioral Health Oversight Committees
 - Committee and Associate Members
9. Staff Reports
 - Georgia Bachman
10. Adjournment

Fairfax-Falls Church Community Services Board
Behavioral Health Oversight Committee
February 12, 2020

The Behavioral Health Oversight Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 3-314, West

Committee Members in Attendance: Committee Chair, Diane Tuininga; CSB Board Member Daria Akers; CSB Board Member Derek DeGeare; and CSB Board Member, Garrett McGuire

CSB Board Members in Attendance: Sheila Coplan Jonas

Associate Members in Attendance: Peter Clark, No. VA. Mental Health Foundation (NVMHF); Joe Getch, Psychiatric Rehabilitation Services, Inc. (PRS); Lauren Goldschmidt, ServiceSource; Gloria Kozich, The Brain Foundation; Azim Ross, Gateway Homes; Bill Taylor, Concerned Fairfax.

Staff in Attendance: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Evan Jones, Employment & Day Services; Michael T. Lane, Dir. Office of Individual and Family Affairs; Elizabeth McCartney, Legislative Liaison; David Simmons, Supportive Community Residential Services; Mike Suppa, Residential & Facilities Development Manager; Lyn Tomlinson, Deputy Dir. Clinical Services; and Barbara Wadley-Young, Asst. Deputy Community Living Treatment & Supports

1. **Meeting Called to Order**
Diane Tuininga convened the meeting at 5:00 p.m.
2. **Opening Remarks, Introductions, and Announcements**
Diane Tuininga welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.
3. **Matters of the Public**
Helen Jaeger and Jane Thatcher, family members of individuals receiving services from the CSB, spoke on matters of concern related to the planned transition of the Community Readiness Support Program (CRSP). Community member Gordon Dean and Bill Taylor with Concerned Fairfax also offered comment on CRSP.
4. **Approval of the Minutes**
The January 8, 2020 Behavioral Health Oversight Committee meeting minutes were presented for review and approval. Garrett McGuire made a motion to approve the minutes as presented, which was seconded and approved.
5. **Associate Member Reports, Updates, and Concerns**
Diane Tuininga opened the floor to Associate Members, information provided included the following:
 - *Bill Taylor*; reported a recent presentation by Nick Yacoub on substance use disorders and the opioid crisis. Mr. Taylor further provided an update to a volunteer trainer opportunity

at the Osher Lifelong Learning Institute (OLLI) at GMU (George Mason University) in Spring 2020. Mr. Taylor confirmed all trainer spots had been filled and displayed a copy of the Spring brochure.

- *Peter Clark*; provided a brief update to preparations for the 2020 Wellness & Recovery Conference, noting the date was shifted from the typical October schedule to November 9, 2020 to accommodate voting needs in the County. Additional details will be provided as they become available.
- *Lauren Goldschmidt*; provided a reminder of the ReelAbilities event planned for Thursday, February 27, 2020; 6:00 p.m. – 9:00 p.m. at ServiceSource Reston. Additionally, it was reported that preparations have begun for the Annual AWARE Art Show, the Autism Awareness event scheduled for April 3, 2020 at 6:00 p.m. Artists on the spectrum are currently being sought. Attendance was strongly encouraged.
- *Joe Getch*; reported that on February 24, 2020 in Falls Church, Loudoun County Coordinated Specialty Care Program staff will partner with NAMI (National Alliance on Mental Illness) Northern Virginia to provide an overview of Specialty Services. Moreover, Mr. Getch noted a long-term partnership with Fairfax County and the BeWell program, reporting the recent hiring of an onsite supervisor. Mr. Getch concluded his report announcing the PRS Fall Fundraiser was scheduled for May 16, 2020, with more information to come.
- *Azim Ross*, introduced himself as a representative for Gateway Homes.

6. Legislative Update

Elizabeth McCartney provided an update to recent legislative activities, noting that more than 400 pieces of legislation of interest to the CSB had been reviewed. It was clarified that crossover, defined as when a bill passes out of the House and/or the Senate, was February 11, 2020. Noting that the budget amendments will be published on Tuesday, February 18, 2020, further updates will be provided once the impact of the amendments have been reviewed and analyzed. Some of the bills highlighted in the presentation included mental health parity, suicide, opioid crisis and access to naloxone including harm reduction, both the legalization and the decriminalization of marijuana, temporary detention order screenings, and in-school behavioral health care for youth.

7. Challenge Question: Housing

Diane Tuininga presented the February 2020 Challenge Question of access and availability to affordable housing. Attendees engaged in robust discussion of the importance of housing for successful recovery and community involvement. Lyn Tomlinson offered a reminder that newly elected Fairfax County Chairman Jeff McKay strongly supports the key goal of increasing affordable housing in the County Strategic Plan. Discussion points included:

- Various county and private resources were discussed, including the Department of Housing (DOH) voucher system, the Office to Prevent and End Homelessness (OPEH) program that offers a variety of options including working with grants through non-profit organizations that provides various housing options, and working with Coordinated Services Planning (CSP) noting that some assistance requires a declination of assistance from CSP before other resources can be accessed.

- Development of a coordinated database, anticipated to greatly assist with tracking the options available and assessing the need county-wide, noting this will also provide data to determine how housing needs are or are not being addressed.
- Lyn Tomlinson confirming that there are efforts to coordinate data, noted the challenge in coordinating the different lists and databases that reflect similar yet differing data points when tracking data from a variety of different agencies and departments.
- Identified challenges to obtaining housing for individuals that seek assistance through the CSB and partner agencies included a tightening housing market, the challenges experienced by non-profit agencies in obtaining homes to house the homelessness population,

8. Consideration of merging the Developmental Disabilities and Behavioral Health Oversight Committees

Diane Tuininga requested feedback from Committee and Associate Members and staff on a proposal to merge the Behavioral Health Oversight and the Developmental Disabilities. Some highlights of the discussion included:

- *Support:* Would support integrated model of care approach; Medicaid has begun efforts to design integrated services delivery and reimbursement; an increasing number of individuals receiving DD services are found to be in need behavioral health and substance use disorder treatment presenting a challenge in service delivery design, discussion of which may be more comprehensive at merged meetings;
- *Opposition:* there is a differing focus between DD and BHOC areas of discussion; the considerable number of attendees in a joint meeting;
- *Recommendations:* the joint meetings were successful but impact the shorter schedule for DD Committee meetings. It was suggested to schedule one or two joint meetings separately from the six regularly scheduled DD meetings, resulting in seven or eight DD and ten to eleven BHOC meetings with consideration of breakout sessions if needed. Perhaps pilot a joint meeting, including an identified challenge question, to determine the value or merging the committee meetings with a recommendation to schedule the meeting in coordination with the April 1, 2020 DD Committee meeting.

9. Staff Reports

Lyn Tomlinson provided several updates as highlighted below:

- Lyn Tomlinson distributed a handout detailing the Board of Supervisors decision to rename the Merrifield Center to include the name of retired Board of Supervisor Sharon Bulova in Spring 2020. It was clarified that there are ongoing efforts to follow through on previously discussed efforts to rebrand/rename the Community Services Board with a descriptive title that reflects the services provided and the purpose of the agency and sites. Recommendations and suggestions should be forwarded to the Clerk to the Board for compilation.
- Current campaigns to highlight CSB opioid services and housing assistance incorporates public announcements throughout the county including on billboards on County buses and at bus stops.
- The advertised FY2021 County Budget will be released by County Executive Bryan Hill on Tuesday, February 25, 2020, followed by Board of Supervisors action in April and May, noting that the Budget Public Hearings are in April.

- Attendance was encouraged at the CSB Spirit of Excellence awards ceremony on Thursday, April 23, 2020.
- Staff continues to monitor and track bills of interest.

Additional Staff reports included

- Evan Jones provided an update to recent activities in Employment & Day services. Referrals for employment of individuals with disabilities are typically received one or two at a time. These are typically referred to contract agencies including DARS (Department of Aging and Rehabilitation) as the CSB does not offer direct placement. A recent inquiry from Home Depot to hire 80 individuals resulted in CSB staff Denise Sequeira working with DARS staff to schedule a hiring event at the Home Depot on Fairfax Blvd. in Fairfax on Friday, February 14th at which the individuals will be interviewed and hired at the event. Flyers were distributed with a request to further distribute the information.
- Georgia Bachman offered a reminder of a Department of Behavioral Health and Developmental Services (DBHDS) grant opportunity that will expand services to individuals with co-occurring disorders. It was clarified that the grant provides funding to divert individuals in need of detoxification services and who have a primary mental health diagnosis from inpatient psychiatric hospitalization to the Crisis Care program for treatment.

There being no further business to come before the Committee, the meeting was adjourned at 6:21 p.m.

Actions Taken –

- Approval of the January 8, 2020 Behavioral Health Oversight Committee meeting minutes was tabled due to the lack of a quorum.

Date Approved

Clerk to the Board