

Fairfax-Falls Church Community Services Board  
Executive Committee  
October 16, 2019

The Executive Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following Committee members were present Bettina Lawton, Chair; Jennifer Adeli; Ken Garnes; Sheila Coplan Jonas; Nancy Scott; and Diane Tuininga

The following Committee members were absent: Suzette Kern

The following staff was present: Daryl Washington, Lyn Tomlinson, and Bill Hanna

1. Meeting Called to Order

The meeting was called to order at 5:12 p.m.

2. Approval of the Minutes

The September 18, 2019 Executive Committee minutes were distributed for review. Following review, Jennifer Adeli made a motion for approval of the minutes as presented, which was seconded and unanimously approved.

3. Adoption of the Executive Committee Agenda

No revisions were offered for the October 2019 Executive Committee meeting agenda, following which, it was accepted as presented.

4. Director's Report

Daryl Washington highlighted some recent activities to include:

- The hospital bed crisis has worsened to a near constant lack of available beds, partially attributed to closer monitoring of census limits. It was noted that the bed utilization rate for the Northern Virginia Region remains comparatively low, confirming that the majority of psychiatric beds are filled with residents from other regions, clarifying that this region remains gravely impacted. Hospital emergency rooms (ER) have also been critically affected, with patients remaining in the ER for far longer than average wait times while bed space is eventually located. It was reported that DBHDS (Department of Behavioral Health and Developmental Services) may respond with increased regulations.
- Some partner agencies have reported receiving cancelation letters from Managed Care Organizations (MCOs) including Magellan Complete Care and Anthem. Mr. Washington clarified that the notifications rescind authorization for specific, but not all, contracted services, essentially making the affected agencies out of network providers for the identified service. Responses and impact include:
  - The notified partner agencies, through a private network organization, have initiated legal action against the MCOs.
  - Copies of the letters were forwarded to the commissioners for DBHDS and DMAS (Department of Medical Assistance Services) with a request for action.

- Confirming that this change to network status affects payment for services, possible responses include renegotiation of the contract.
- Mr. Washington provided an update to recent VACSB (Virginia Association of Community Services Boards) activities, including:
  - Confirming that there has been no change to the appointment of the DBHDS Acting Commissioner.
  - There is some disagreement between the Commonwealth and the independent agency monitoring the Commonwealth's implementation of the U.S. Department of Justice (DOJ) Settlement Agreement requirements. This will be addressed in federal court in January 2020, the results of which will dictate next steps. The CSB will have a representative attend to witness the court proceedings.
- Bill Hanna provided an additional update to the VACSB Fiscal meeting, reporting that the CFO (Chief Financial Officer) for DBHDS was in attendance. The primary focus was on the state decrease in CSB funding in anticipation of Medicaid Expansion revenue. It was acknowledged by DBHDS that they were aware that, based on monthly billing reports submitted by this CSB, it would not be possible to recoup the \$4.4M decrease in funding. DBHDS is developing a formula to identify a more realistic Medicaid Expansion revenue deficit, following which a request to the General Assembly for increased funding in FY2021 will be submitted. Mr. Hanna further clarified that DBHDS has an expectation of improved CSB business practices to realize a statewide goal of increasing the Medicaid collection rate of billable services above the current average of 65%.
- Mr. Washington reported the Project Management staff member was hired and had started on Tuesday, October 15<sup>th</sup>.
- Lyn Tomlinson provided several updates, including:
  - The Partner Performance Review Form was submitted at both the BHOC and the DD Committee meetings. The most often heard response was a request to redesign the form to facilitate open discussion, including comments and follow up steps and responsibilities. It was further reported that the partners have expressed pleasure at the addition of snacks and drinks at the meetings.
  - Referring to the most recent Diversion First Stakeholders meeting, the proposed renaming of the CSB to be more reflective of the services provided was discussed, noting the proposal was well-received. Reporting that both Lucy Caldwell and Amanda Rogers have accepted new positions, there will be a delay in starting this process until the communications team vacancies are filled. Once begun, the process will include focus groups, individuals receiving services, staff, and community members. It was further noted that development of a dedicated telephone line, similar to 911, is under consideration. Regular updates to this process will be provided.

## 5. CSB Board Agenda

The October 2019 CSB Board Meeting agenda was presented for review. Several revisions were requested included adding 1) Associate Member Nomination to the Behavioral Health Oversight Committee, and 2) Recognition for two long term CSB staff retirements. Acknowledging no further requests, the agenda was accepted as revised.

## 6. Matters of the Executive Committee

### A. *Behavioral Health Oversight (BHOC) Committee:*

Diane Tuininga noted the lack of a quorum at the meeting which resulted in tabling approval of the minute. An overview of the meeting activities was provided, highlights include:

- Associate Member Reports, including an update to the state Workforce Development Workgroup by Eleanor Vincent; information on the Osher Lifelong Learning Institute (OLLI) at GMU (George Mason University) by Bill Taylor, during which, attendees were offered an opportunity to volunteer to teach a session; and, Lauren Goldschmidt offered the challenge question on Recruitment and Retention, during which several creative solutions were offered.
- Georgia Bachman provided an overview of the My Strength digital behavioral health platform that is available to clinicians and community members at [www.mystrength.com](http://www.mystrength.com). This is a CSB contracted service that can serve as a treatment extender, particularly for individuals waiting for services to begin.
- The Partner Performance Review Form was presented to the attendees for review and feedback, noting that some revision recommendations were offered.
- Staff updates included Diversion First and the state hospital bed crisis.
- It was announced that the December 4, 2019 meeting will be a joint meeting with the Developmental Disabilities Committee.

**The next BHOC meeting is scheduled for Wednesday, November 6, 2019, 5:00 p.m. at the Merrifield Center, Level 3-Room 314, West.**

### B. *Compliance Committee:*

Bettina Lawton provided a brief overview of the meeting held directly prior to this meeting, highlighting the topics discussed, including 1) CSB contract responsibility and monitoring, 2) updates to ComplyTrack reports, 3) a request for an updated organizational chart for the Compliance Program, to include description of assignments and duties, and 4) an update to Credible operations noting efforts to develop amendments to the current contract.

**The next meeting of the Compliance Committee is Wednesday, November 13, 2019, 4:00 p.m. at the Merrifield Center, 3-Room 314, West.**

### C. *Developmental Disability (DD) Committee:*

Sheila Jonas reported enthusiasm and participation attributed to associate membership and efforts to engage members. Topics discussed included:

- Dissatisfaction at the General Assembly's decision not to include service reimbursement rate increases in the FY2021 budget.
- The Performance Review Form was presented to the attendees for review and feedback. Comments included, the format felt like a report card and did not prompt open discussion, requesting it be reformatted.
- Victor Mealy offered a reminder of his pending retirement, noting that this was his final DD Committee meeting.
- Daria Akers offered personal history as part of the discussion to determine a vision for the committee.
- The Developmental Disabilities and Behavioral Health Oversight Committees will meet in joint session in December.

**The next DD Committee meeting will be a joint meeting with the Behavioral Health Oversight Committee on Wednesday, December 4, 2019 at 5:00 p.m. at the Merrifield Center, Level 3-Room 314, West.**

D. *Fiscal Oversight Committee:*

Jennifer Adeli reported the October meeting would be held the following Friday, with a report provided at the full Board at the October meeting.

**The next meeting of the Fiscal Oversight Committee is Friday, October 18, beginning at 9:30 a.m., at the Pennino Building, Room 836A.**

E. *Other Matters:*

Diane Tuininga offered a reminder of the Wellness and Recovery Conference on October 18, 2019, noting that the keynote speakers are CSB staff member Michael T. Lane and noted author Pete Early and his son Kevin.

Ken Garnes distributed copies of the proposed legislative folders, highlighting the documents enclosed and requesting feedback. Noting that the finalized folders are to be distributed at the CSB Board meeting next week, a copy of the Annual Report will be sent to members for review and comment no later than 9:00 a.m. on Friday, October 18, 2019. Ms. Lawton encouraged members to review the chart located at the end of the Report.

Sheila Jonas offered an overview of the October CSB Board policy updates encouraging members to review the policies comments and recommendations in preparation for approval of requested action at the October CSB Board meeting.

7. CSB Board Annual Planning Calendar

The CSB Board Annual Planning Calendar was presented for review. Noting no revision recommendations were offered, the calendar was accepted as presented.

A reminder of the December 4, 2019 Open House was offered with encouragement for members to attend.

Bettina Lawton inquired whether there any matters that required discussion in closed session. As no one raised any matters or need for a closed session and there being no further business to come before the Committee, the meeting was adjourned at 6:20 p.m.

Actions Taken –

- The September 18, 2019 Executive Committee meeting minutes were approved.
- The October 16, 2019 Executive Committee agenda was accepted as presented.
- The October 23, 2019 CSB Board agenda was accepted as revised.
- The Annual Planning calendar was accepted as presented.

November 13, 2019

Date Approved



Clerk to the Board