



FAIRFAX - FALLS CHURCH

Community Services Board

Behavioral Health Oversight Committee

Merrifield Center
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031
Room 1-308 A/B, West

Wednesday, May 8, 2019
5:00 p.m.

AGENDA

1. Meeting Called to Order 5:00 p.m.
 - Gary Ambrose
2. Opening Remarks, Introductions, and Announcements
3. Approval of the April 10, 2019 Committee Meeting Minutes
4. Associate Member Reports, Updates, and Concerns
5. Matters of the Public
6. Associate Member Presentation
 - Laurie Mitchell Empowerment & Career Center, Heather Peck
 - Pathway Homes, Eleanor Vincent
7. Staff Reports
8. Adjournment

Behavioral Health Oversight Committee Meeting Minutes

Date: April 10, 2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose; CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr; CSB Board Member Diane Tuininga

CSB Board Members Absent: CSB Board Member Daria Akers

Associate Members Present: Cathy Benn, Second Story; Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt and Emily Wilson, ServiceSource; Lisa Goodwin, Recovery Program Services of VA (RPSVA); Wendy Gradison, PRS, Inc.; Trudy Harsh, the Brain Foundation; Heather Peck, Laurie Mitchell Empowerment and Career Center(LMECC); Joe Pettit and Bill Taylor, Concerned Fairfax; Alanna Taylor, National Counseling Group (NCG); and Eleanor Vincent, Pathway Homes, Inc.

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lucy Caldwell, Communications Director; Evan Jones, Employment & Day Services; Michael T. Lane, Dir. Individual and Family Affairs; Elizabeth McCartney, Legislative Liaison; and Lyn Tomlinson, Deputy Dir. Clinical Services

Guest(s):

Topic	Action	Responsible Party	Due Date
Meeting Call to Order	Meeting was called to order at 5:01 p.m.	Gary Ambrose	
Opening Remarks Announcements	Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation. Mr. Ambrose offered a reminder that the June BHOC meeting agenda includes election of a new Committee Chairman. It was further shared that this year’s June meeting has been redesigned to be a joint meeting with the Developmental Disabilities Committee meeting, noting there will be a focus on maximizing the effectiveness of both committees, beginning with review and feedback of legislative priorities for the 2020 General Assembly Session.		
Meeting Minutes	Draft minutes of the March 13, 2019 meeting were offered for review. Acknowledging that no recommendations were forthcoming, Diane Tuininga made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members	
Matters of the Public	None were presented		

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<p>Priority Initiatives: - Priority Access Guidelines, and - Partner Feedback</p>	<p><i>Priority Access Guidelines;</i> Mr. Ambrose emphasized that <i>CSB Board Policy #0030 Priority Access to CSB Services</i> is the most significant CSB Board policy, noting it has the greatest impact to the CSB and individuals served. Attendees were strongly encouraged to review and provide feedback on the Guidelines. Several recommendations were offered including 1) Consideration of exceptions, i.e. Diversion First, CIT officers requested, MCU response, APH, etc., 2) Increased outreach/publicization, including to medical providers, 3) Dual-diagnosis, highlighting the increasing numbers of co-occurring diagnoses, particularly in the DD Community. It is likely revision of the Guidelines will become an annual process.</p> <p>A reminder was offered that development of definitions and implementation of STEP-VA (System Transformation Excellence and Performance) is ongoing.</p> <p>Lyn Tomlinson added that she is available to meet with any Associate Member agencies for further discussion of the Guidelines, noting that Karina Bojorge will be reaching out soon with an invitation to schedule a meeting.</p> <p><i>Partner Feedback Update;</i> In follow up to the February Partner Feedback workgroup meetings, the feedback clearly identified primary interests in increased engagement and partner collaboration. Meetings with CSB staff and partners are in development for establishment of a collaborative plan with sustainable and achievable goals.</p>		
<p>Associate Member Reports, Updates, and Concerns</p>	<p>Gary Ambrose opened the floor to Associate Members, information provided included the following:</p> <ul style="list-style-type: none"> • Eleanor Vincent with Pathway Homes provided highlights of recent activities: <ul style="list-style-type: none"> ○ The state recently renewed the Permanent Supportive Housing (PSH) contract for the fourth year, continuing to provide homes to 40 individuals in Fairfax County, Alexandria City, and Prince William County. The positive outcomes of this program, noting they are reported to the General Assembly, help to inform decisions for funding additional PSH beds. ○ The Board of Supervisors (BOS), in collaboration with the Department of Housing and Community Development proclaimed April as Community Development Month. It was further noted that the Community Development Block Grant (CDBG) program has provided funding for the purchase of housing units, clarifying that ownership of the units simplifies the application process. 	<p>Associate Members</p>	

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	<ul style="list-style-type: none"> ○ The Office to Prevent and End Homelessness participated in the Built for Zero Collaborative conference in Atlanta GA, joining national efforts to battle chronic homelessness, anticipating a positive impact on Fairfax County. ● Wendy Gradison with PRS, Inc. reported the Open House at their Mt. Vernon location earlier in the day. It was further noted that their Annual Board Meeting is scheduled for June 12, 2019. ● Lisa Goodwin with RPSV provided several updates including: <ul style="list-style-type: none"> ○ Recent participation in a Town Hall meeting hosted by WAQR/96.3 radio, on the opioid crisis. ○ Some staff has received Opioid Crisis Intervention Training from the Chris Atwood Foundation and are certified to administer Narcan. ○ Offering a reminder of their fundraiser scheduled for August 24, 2019, Ms. Goodwin highlighted that sponsors, silent auction items, and donations are being accepted. Efforts to locate a celebrity to headline the event are ongoing. ○ Encouraging attendance, Ms. Goodwin distributed a handout with scheduled WRAP (Wellness Recovery Action Plan) sessions, noting that the Merrifield and Reston sessions have begun. ● Lauren Goldschmidt with ServiceSource offered a reminder of the in support of Autism Awareness event, scheduled for Thursday, April 18, 2019 at 12:30 at the Oakton office. Artwork by individuals on the spectrum will be available for sale. ● Alanna Taylor with NCG reported increased funding to expand education services in an effort to seek solutions to serve individuals in the southern part of Fairfax County. ● Trudy Harsh with the Brain Foundation reported an annual fundraiser on May 18, 2019 at Maggiano's. Ms. Harsh emphasized that The Brain Foundation is a wholly volunteer organization and that all funding is spent on the nine homes owned by the Foundation. Ms. Harsh further reported that three of the nine houses are in Fairfax City where the taxes for these homes are forgiven. The remaining six houses are in Fairfax County and have an annual tax bill of approximately \$33K, where, although requested, the BOS does not have a mechanism for forgiving the tax, a likely topic that Ms. Harsh will present at the Budget Public Hearings. 		

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	<ul style="list-style-type: none"> ○ Ms. Harsh stated dissatisfaction with the lack of clearly identifiable information in naming conventions of county buildings, noting that there seems to be an avoidance to include the types of services provided by the CSB due to the related stigma. All attendees engaged in a very robust discussion. Gary Ambrose agreed to investigate this matter further, including consideration of forming a workgroup. 		
<p>Associate Member Presentation: Concerned Fairfax ServiceSource</p>	<p>Bill Taylor with Concerned Fairfax directed attention to a handout included in the meeting materials that provided background of the organization. Mr. Taylor emphasized the organization is made-up of a group of community members that typically have loved ones struggling with Serious Mental Illness (SMI) and/or Substance Use Disorder, noting the tremendous benefit of having community members concerns, insights, and knowledge. Mr. Taylor, reporting some previous collaborative efforts and quoting from the BHOC Charter, confirmed that the activities of this organization readily support the efforts of this committee. Reporting a recent focus on housing, Mr. Taylor offered to work in partnership with any Associate Member agencies with a similar focus, noting his contact information was included on the handout.</p> <p>Lauren Goldschmidt and Emily Wilson, with ServiceSource acknowledging that the focus of this presentation would be on employment, distributed some handouts and directed attention to the projected presentation. Attendees participated in a brief activity, providing the introduction for the presentation, some highlights of which include:</p> <ul style="list-style-type: none"> • An overview of the many services provided by ServiceSource and the numerous states in which they are provided was presented. • To be eligible, individuals must be Fairfax County residents with a mental health or substance use diagnosis, they are not required to be receiving Case Management services through the CSB. It was also reported that a Drop-In incentive service is provided, as staff availability permits, for individuals who may need intermittent or last-minute services. • The Specialized Transportation service was clarified to be a discount (of 50%) program for Uber and Lyft. <p>Ms. Goldschmidt reported that the responses of the activity preceding the presentation will be added to the presentation, following which, it will be forwarded to the Committee and Associate members.</p>	<p>Bill Taylor</p> <p>Lauren Goldschmidt and Emily Wilson</p>	
<p>Staff Reports</p>	<p>CSB staff provided several agency updates to include:</p>	<p>Lyn Tomlinson</p>	

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	<ul style="list-style-type: none"> • Elizabeth McCartney provided a legislative update some highlights of which are: <ul style="list-style-type: none"> ○ Related to the General Assembly session that just ended; a list of the Fairfax County supported legislation is available on the County website. Tracking data may also reviewed, please contact Ms. McCartney for a link. ○ The Behavioral Health Oversight and Developmental Disabilities Committees have scheduled a joint meeting on June 12, 2019 for discussion of legislative priorities that will help to inform development of the Human Services Issues paper as well as topics for discussion with legislators and testimony for FY 2021. ○ The CSB Board is providing testimony at the Fairfax County Budget Public hearings on April 11, 2019. The hearings start at 1:00 p.m. and the CSB was assigned slot #'s 9, 10, and 11. Topics include Diversion First, Opioids, and allocation of funding related to STEP-VA (System Transformation Excellence and Performance). ○ Lyn Tomlinson offered reminder that a legislative update has been added as a standing agenda item. • Lyn Tomlinson provided an update to STEP-VA implementation noting the goal is to provide a broad array of services in the community, necessarily resulting in shifting some costs from the state to the individual communities. Additional highlights include: <ul style="list-style-type: none"> ○ Development of service definitions is ongoing. Caution was offered that consideration of the definitions must include acknowledgement that costs for follow up services must also be taken into account. • Ms. Tomlinson reported an increase in serving individuals with developmental disabilities who have also been diagnosed with mental health and/or substance use disorders. Recognizing a need to improve service delivery to individuals with co-occurring disorders, Ms. Tomlinson asked for feedback and comments from vendor partners • A reminder was offered that the CSB recently honored the CSB Spirit of Excellence winners. • The Employee Engagement Survey recently closed. The 400+ responses are being reviewed for follow up. • A recent survey, conducted anonymously, revealed that 103 lives were saved through the Narcan/Naloxone training provided by The Chris Atwood Foundation. 	Elizabeth McCartney Lucy Caldwell Georgia Bachman	

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	<ul style="list-style-type: none"> • Lucy Caldwell provided updates to scheduled CSB events, to include: <ul style="list-style-type: none"> ○ Attendees were encouraged to attend the event celebrating Children’s Mental Health Month that will be held at Merrifield on May 9, 2019 from 3:30 p.m. – 6:30 p.m. A large number of events are planned, including a Resource Fair. Members interested in having a table should contact Ms. Caldwell. ○ Attendance was also strongly encouraged for the CSB 50th Anniversary breakfast celebration scheduled for Tuesday, May 21, 2019 beginning at 8:30 a.m. at the Government Center. ○ The annual Nexus Forum celebrating Mental Health Awareness Month is scheduled for May 2019 at the Virginia Hills Center. More information will be provided as it becomes available. • Georgia Bachman reported that Abby May and Amy Miller, Crisis Stabilization Program Manager, are leading regional efforts to draft a proposal for funding from DBHDS (Department of Behavioral Health and Developmental Services) to expand/provide services for individuals who need medically managed detox in combination with crisis stabilization. This proposal addresses the increase in individuals admitted to state-run inpatient psychiatric hospitalization, who are also in need of detox services, through diversion from state hospitals. The application is due April 17, 2019. 		
	<p>The next BHOC meeting is Wednesday, May 8, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West</p>		
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 5:46 p.m.	Gary Ambrose, Chair	

Date Approved

Prepared by Erin Bloom



mission

LMECC and our people become self-supporting with Employment Support and skills training that ensures obtaining and sustaining competitive employment for people with trauma, mental health, substance abuse, and/or justice system challenges.

mission-driven goals

To meet this mission we will...

... deliver evidence-based Individualized Placement and Support (IPS) Supported Employment - Plus Recovery Oriented Employment and Microsoft Office Education Groups that result in competitive employment.
Employment Support - Plus

... provide peer facilitated Wellness Support Groups for individuals and their families with IDD challenges at ServiceSource. We deliver Wellness Support Groups and encourage a LMECC culture of Wellness.
Wellness Support Groups

... expand Employment Support across Virginia with education in evidence-based practices that build careers and result in competitive employment of Virginians overcoming trauma, MH/SA, and justice system challenges.
Employment Support Education

... provide peer facilitated support groups and deliver technical assistance for Employment Support professionals to increase job effectiveness and professional wellness.
Employment Supporters' Local Learning Communities

activities/programs/strategies

To achieve these goals we will...

- Recruit Job and Education Seekers
- Develop and implement career and job search plans
- Develop relationships with businesses
- Match Job Seekers with employers and jobs
- Deliver standardized Microsoft Office training

- Recruit participants
- Facilitate groups
- Weekly wellness activities
- Weekly goal setting

- Marketing informational, one-day symposiums and tuition scholarships to supportive employment professionals
- Hold one-day symposiums
- Provide scholarships for evidence-based training to Employment Support professionals

- Recruit participants
- Facilitate groups
- Encourage weekly goal setting and compassionate accountability

resources

To offer these activities we will maintain a vital organization with...

Visionary Executive Director Engaged Board of Directors IPS Employment Supporters/Job Developers Educators in Microsoft Office Multilingual Employment Support Professionals Partnerships with Service Providers Partnerships with Businesses Funders and Donors Fiscal Vitality Reputation

productivity

Our reach and efforts will be shown by efficiency in generating...

- # Job and Education Seekers served
- # Job Starts and Wages of employees
- # Employment & Microsoft class participants
- # Employer relationships developed and maintained
- # Hours of service delivery

- # of group participants
- # groups, hours, locations
- # participants setting weekly wellness goals

- # of marketing efforts
- # symposiums
- # symposium attendees
- # of scholarships provided
- # of Employment Support professionals taking courses

- # of group participants
- # groups, hours, locations
- # participants setting weekly goals

immediate impact

Our success and value will be measured by ...

- ✓ number of people in and maintaining employment each quarter
- ✓ number and type of jobs
- ✓ job wages

- ✓ participants make progress on weekly goals

- ✓ symposium participants gain the knowledge and ability to enroll in courses
- ✓ employment support professionals successfully complete courses
- ✓ Job seekers start employment/+ earn wages
- ✓ Job seekers maintain employment each quarter

- ✓ Employment Support professionals successfully serve job seekers and career builders across Virginia

community-level impact

Ultimately, this will contribute to collectively improving ...

Reduced reliance on public assistance Increased financial and personal contributions to society

vision

Empowered, mutual, and self-supporting community.